# **Dr. Cilly Shohet**

http://www.biu.ac.il/faculty/Shohet/

## **Employment**

- 1. 1997- present: Head of day care intervention program, I. B. Harris Foundation: Infants, Toddlers and Families in Israel.
- 2. 2004 present: Coordinator and mentor at the In Service Training program for graduate students at Bar-lan University
- 3. 2012 present: Head of external diploma program in guidance and consulting in early childhood at Bar-lan University in administrative cooperation and under the inspection of the Ministry of Economy
- 4. Lecturer in the following courses:

2004 - present: Educational intervention in early childhood: Practicum in

early childhood education for graduate students.

2005 - present: Seminar: Education and care in early childhood.

2006- 2011: Introduction to developmental psychology in early

Childhood.

2010 – present: Training skill in early childhood education:

Practicum in training skills in early childhood for

post-graduate students.

## Other positions

2008 – 2010: Israel's representative to the World Forum on Early Care and Education

2007 – 2010: Senior Consultant and Researcher in Africa for the Psychosocial Intervention Program entitled: "Benefits of caregiving training for the neurodevelopment of Ugandan HIV children". This intervention program is under the grant of the National Institute of Mental Health (USA).

2007 – 2009: Educational advisor on Early Intervention for the council of Educational Psychology Service in Southwark, London.

1994-1996: Supervisor and mentor at the Center for Infants, Toddlers and Parents, at Teachers College, Columbia University, New York.

1993-1995: Counselor of Experimental Programs for Cultural Transmission and Early Education in Early Childhood Programs in New-Jersey

1990-1993: Coordinator of education and care services. "MAMASH" - Enrichment Center for Infants, Toddlers, and Parents, in Tel-Aviv.

# **Education**

- 2005 PhD Early Childhood Education, Bar-Ilan University in Israel.
- 1996 M.A. In early childhood education, Teachers College, Columbia University, New-York.
- 1989 Teaching license. In early childhood education, Lewinsky Seminar, Israel.
- 1988 B.A. In early childhood education and criminology, Bar-Ilan University, Israel. Graduated Cum Laude.

#### **Awards**

- 2000-2004 President's scholarship award for excellent PhD Students, Bar-Ilan University.
- 2000-2004 The I. B. Harris foundation award for research on infant and toddler mental health.

## **Expertise and research interests**

- 1. Promoting quality of education and care in early childhood settings
- 2. Effects of variation in human and physical environments in early childhood education and care on child development.
- 3. Characteristics of children's culture in day care
- 4. Toddlers' early friendships
- 5. Variability in "mental diets" and toddlers' development
- 6. Characteristics of early social relationships of infants and toddlers in childcare settings
- 7. Promoting and enhancing toddlers' play skills in childcare settings

## **Educational programs and research projects**

- 1. Cultural variability in childrearing practices in day-care centers and their effects on child development (including religious and non religious settings).
- 2. Caregivers' emotional experience following separation from children in day care.
- 3. Effects of variations in presentation of play materials on toddler's communication skills and language in day-care.
- 4. The quality of "mental diet" provided to toddlers in childcare centers: a qualitative research based on observations, interviews and videotaped and written observations in childcare centers.
- 5. Follow-up of the effects of early mediational intervention on child development in London. Funded by the Educational Psychological Service of Southwark, London.
- 6. Child culture: A new perspective on very young children's typical behaviors.
- 7. Coping with stressful situations with and without the presence of a friend in two- to three-year-old children in daycare.
- 8. Effects of a short-term intervention program on toddlers' play skills and social behavior in childcare.
- 8. Supporting parents in choosing an appropriate out-of-home care for their infants and toddlers and accompanying them in the process

#### **Publications**

- 1. קליין, פ. ש., קרפט, ר., ושוחט, צ. (2008). פרידות קטנות. אבן-יהודה: רכס
- שוחט, צ. (2013). השפעת הסביבה החינוכית על קשב ועל מעורבות (Engagement) של פעוטות. אצל פ.ש. קליין וד. גבעון (עורכות). *קשב וריכוז בגיל הרך. מבט רב תחומי.* תל-אביב: רכס (עמי 240-205).
  - 3. Shohet, C., & Klein, P.S. (2010). Effects of variation in toy presentation on social behavior of infants and toddlers in childcare. *Early child development and care Journal*, 180(6),823-834.
  - 4. Klein, P.S., Kraft, R., & Shohet, C. (2010). Behaviour patterns in daily mother-child separations: Possible opportunities for stress reduction. *Early Child Development and Care Journal*, 180(3), 387-396.
  - 5. Court, D., Shohet, C., & Hantz, M. (2011). Caregivers' Experience of Separation from Children in Daycare. *Educational Practice and Theory*, 33(2), 63-82.

- 6. Shohet, C., & Jaegerman, N. (2012). Integrating infant mental health into primary health care and early childhood education settings in Israel. *Zero to Three*, 33(2), 55-58.
- 7. Boivin, M.J, Bangirana, P., Page, C.F., Shohet, C., Givon, D., Bass, J.K., Opoka, R.O., Nakasujja, N. and Klein, P.S. (2013). A Year-Long Caregiver Training Program to Improve Neurocognition in Preschool Ugandan HIV-Exposed Children. Journal of Behavioral & Developmental Pediatrics 34, 269-278.
- 8. Boivin, M. J., Bangirana, P., Nakasujja, N., Page, C. F., Shohet, C., Givon, D. Bass, J. K., Popka, R.O., & Klein, P. (2013). A year-long caregiver training program improves cognition in preschool Ugandan children with human immunodeficiency virus. The Journal of Pediatrics, 163(5) 1409-1416.

## Membership in Academic and public committees

- 1. PDN member of the I.B. Harris Developmental Network, Chicago, USA.
- **2.** Member of the National Academic Steering Advisory Committee on Standards for quality early childhood care in Israel.
- Academic advisor (in-service and pre-service training) to major women's organizations (Naamat, Emuna, Wizo) on early childhood care and development.
- **4.** Coordinator for the Committee on Psycho-Educational Intervention in Early Childhood Trauma. In collaboration with the Israel Center for the Treatment of Psychotrauma.
- **5.** Member in a professional steering committee for founding a playcenter in Sderot

## **Conferences and Workshops**

Shohet, C. (February, 2015). An intervention program (MISC) for enhancing emotional and cognitive development of toddlers affected by HIV in Uganda.

Presented at the Early Childhood conference at the Bar-Ilan University.

Shohet, C. (November, 2013). Mealtime in at day care – what kind of learnings and experiences it enables? Presented at the National Annual I. B. Harris conference, Bar-Ilan University.

Shohet, C. (November, 2012). Effects of the educational environment on attention and engagement of toddlers. Presented at the National Annual I. B. Harris conference, Bar-Ilan University.

Shohet, C. (June, 2010). Professional principles of organization of physical environments for infants and toddlers in educational settings. Presented in a conference organized by the department of family care at the Municipality of Ashdod.

Shohet, C. (June, 2009). Inservice training in childcare: an enhancing professional development process. Presented at the conference of the Ministry of Industry, Trade, and Labor, on reorganization and planning in childcare centers for 2009.

Shohet, C. (May, 2009). Principles in organization of toddler's play environments in childcare centers. Presented at a professional development workshop of early childhood special education professionals "A Step Forward" at Bar-Ilan University.

Shohet, C. (March, 2009). Play in early childhood and the adult's role in promoting and enhancing toddlers' play skills. Presented at a professional development workshop of early childhood educators in Kibbutz Afek.

Shohet, C. (November, 2008). The adult's role in promoting and enhancing children's play in childcare settings. Presented at the National Annual I. B. Harris conference, Tel-Aviv.

Shohet, C. (January, 2008). Implementing the MISC principles in everyday practice with young children. A workshop for multidisciplinary professional staff members of the Educational Psychological Services of Southwark London.

Shohet, C. (October, 2006). The educator: a person and a professional. Results of a longitudinal intervention program in child-care centers, based on the MISC approach. A poster presented at the annual conference of Bar-Ilan University's School of Education, Ramat-Gan.

Shohet, C. (May, 2006). The literacy of interaction. Based on the MISC approach. A workshop for the leadership of "Tipat-Halav" nurses, Ministry of Health, Ramla.

Shohet, C. (March, 2006). Effects of the physical environment and method of toy presentation on infants and toddlers behavior. Possible implications for the physical organization of the speech therapist's clinic. A workshop for "Maccabbi" speech therapists, Ramat-Gan.

Shohet, C. (October, 2006). The educator: a person and a professional. Results of a longitudinal intervention program in child-care centers, based on the MISC approach. A poster presented at the annual conference of Bar-Ilan University's School of Education, Ramat-Gan.

Shohet, C. (November, 2004). The method of play materials presentation as a curriculum for toddlers in childcare. Presented at the National Annual I. B. Harris conference, Tel-Aviv.

Shohet, C. (October, 2001). The necessary ingredients for obtaining quality child-care. Presented at the conference of the "Maccabi" "Tipat-Halav" nurses, Tel-Aviv.

Shohet, C. (April, 2000). Obstacles on the path towards quality child-care in Israel. Presented in a workshop of the I. B. Harris team, Bar-Ilan University.

Shohet, C. (August, 2000). Implementing theories of child development and education, in infant-toddler educational settings in Israel - Obstacles and possible solutions. Presented at the national conference of the Ministry of Education in Israel, Jerusalem.

Shohet, C. (November, 2000). Daycare - A greenhouse for developing social relationships among infants and toddlers. Presented at the National Annual I. B. Harris conference, Tel-Aviv.

Shohet, C. (November, 1998). Structural and process variables in quality infant care: Effects on infant development. Presented at the National Annual I. B. Harris conference, Tel-Aviv.